

KINGSTON DENTAL ASSOCIATES  
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### **CROWN AND BRIDGE POST-OPERATIVE INSTRUCTIONS**

Do not eat for one hour following the placement of your temporary.

Do not floss on either side of the temporary. Do not chew hard or sticky food ie: pretzels, peanuts, gum, taffy or caramel.

Rinse with warm salt water to keep gums from irritation

Please call our office if your temporary becomes loose or broken.